

From: [Stephanie Roeser](#)
To: [Board Comment](#)
Subject: Public Comment for upcoming board meeting 10/1/2024
Date: Monday, September 30, 2024 12:23:29 PM

Dear MMWD Board Members,

I am putting this comment in writing so that you will have a chance to absorb the content. I would appreciate it if you would consider contacting me to discuss further.

After the recent judge's ruling regarding the possible negative health effects of Fluorides in our drinking water, I started looking into ways that I might be able to remove the fluoride from my water and it wasn't going to be a simple answer. It would require much research and money to accomplish. It therefore made more sense to me that instead of spending that time trying to undo something that was being deliberately added to our water, it would be time and effort better spent to try to get the powers that be to stop putting it in our water in the first place, thereby helping not only me but also my community.

I realize that the adding of fluoride to our water was a well-intentioned decision but like many things in our world, what at first seemed like a good and responsible action can end up doing damage. I think that this may well be one of those cases. In our community, I think that there is very little chance that there are large numbers of people who are unaware of the potential good effects of some fluoride in their tooth paste or as a treatment from their dentist and so, for those who wish to add fluoride to their health regimen, they can easily choose to use or not use fluoride products. This makes it entirely unnecessary to impose fluoride onto this population, especially in consideration of the possibility that it is actually doing damage to children's brains as well as potentially making the epidemic of Alzheimer's worse.

Perhaps at a time when the dissemination of information was more difficult and therefore people were less well informed, it might have been appropriate to take the choice out of the hands of the general population and mandate the ingestion of fluoride in the drinking water but now with the ready availability of fluoride in toothpaste, mouthwash and from the dentist, it is no longer needed nor is it appropriate.

I am asking that you as the Board of Directors of the MMWD take every action within your power to stop the practice of adding fluoride, which may well be a neurotoxin, to our water supply and allow us to make our own health care decisions.

Thank you for your consideration,

Stephanie Roeser